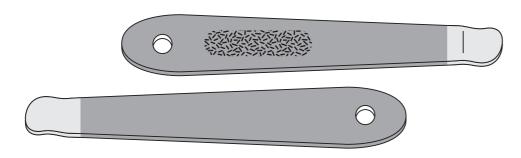
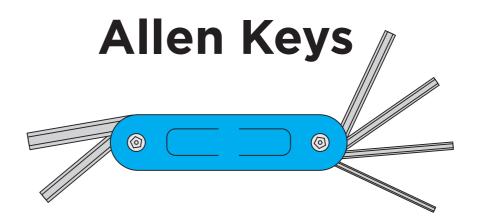
## How to use the bike tools

## **Tyre Levers**



These can be used to get your tyre on and off if you have a flat. They are stainless steel, so if your wheels are aluminium be careful the levers don't dent the rim.



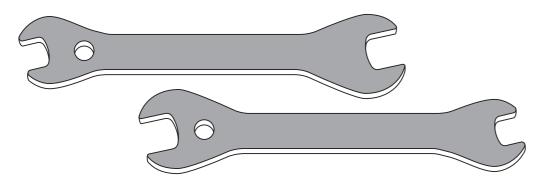
These Allen key wrenches come in varying sizes for loosening and tightening bolts and screws on your bike. Allen heads are very common on bicycles, they attach drink bottle cages, are used to keep your seat post at the right height or remove brake pads.





These are standard Phillips head and flat blade screwdrivers which can be used to loosen and tighten standard screws on attachments like pack racks or baskets. This can unscrew or tighten 15 mm nuts, like the ones on your pedals, or 32 mm nuts, like the ones on older bike headsets, which is where the handlebars and front wheel fork meet the main frame of the bicycle.

## **Small Spanners**



These spanners handle 8/10 mm and 9/11 mm sized nuts or bolts and can be used to loosen or tighten brake pads or those on derailleurs, which is the mechanism that moves the bike chain onto different sprockets to change gears.



This tool is used to loosen and tighten bolts all over the bicycle, some of the common places you may find Torx bolts are where the brake rotors attach to the wheel hub, derailleurs and brake levers.





A Tasmanian Government and Community Partnership This project was funded by the Healthy Tasmania Fund through the Tasmanian Government

Watch the short clip that explains each tool

