



Suicide Prevention Training

The training will provide participants with the essential skills to identify and respond to a person at risk of suicide, and:

- To recognise the warning signs of suicide
- To learn how to support a person at risk to access appropriate services and to develop their own safety plan
- To promote help-seeking behaviour before a crisis occurs
- Each participant will learn to identify their own self-care strategies
- An opportunity for participants to develop their own personalised safety plan

Location: TasTAFE, 20 Valley Road, Devonport. Room A2-30

Cost: Free (funded by grant from Tas Networks)

Please bring your own lunch

Date: Friday 12th November 2021

Time: 9:30 AM – 4:30 PM (registration from 9:10am)

Enquiries: Natalie – admin@kentishrc.com.au or 6491 1552

RSVP: Please book by the 8th November via Eventbrite:

<https://www.eventbrite.com.au/e/188001285907>