

SENIORS WEEK 2020 12-18 OCTOBER



MONDAY

Our Shout to Come Back Out

Pick up your information bag with a voucher for a free hot beverage at participating cafes
Where: Devonport City Council, level 2 paranable centre
Time: 8.45am-5.00pm Mon-Fri

All About Apps

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 9.00-11.00am
Cost: FREE, morning tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

How to register with My Aged Care

Where: Family Based Care Tasmania, 70 Oldaker Street
Time: Sessions are 30 minutes available between 9.30am-4.00pm
Cost: FREE
RSVP: bookings essential call 6431 8411

Converting Old Audio Media

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 1.00-3.00pm
Cost: \$12, afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

Buying and Selling Online

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 4.00-6.00pm
Cost: FREE, afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

TUESDAY

Socialising Online

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 9.00- 11.00am
Cost: FREE, morning tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

Hearing Australia Bus

Pop along and have a chat about your hearing
Where: Devonport Mall
Time: 9.30am-2.00pm
Cost: FREE

How to register with My Aged Care

Where: Family Based Care Tasmania, 70 Oldaker Street
Time: Sessions are 30 minutes available between 9.30am-4.00pm
Cost: FREE
RSVP: bookings essential call 6431 8411

Converting Video Tapes to DVD

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 1:00-3.00pm
Cost: \$12, afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

Care Forward Home Care Package and In-Home Support Service Information Sessions

Come and chat to our local staff about your current or future Home Care Package.
Where: Care Forward, 11 Steele Street
Time: 1:00-3.00pm
Cost: FREE

TUESDAY CONT...

Save \$\$\$ in the driveway

Join us for lots of freebies and giveaways while learning to save money
Where: Devonport Community House, 10 Morris Avenue
Time: 2.00-3.30pm
Cost: FREE

Samsung Galaxy Basics

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 4:00-6.00pm
Cost: \$12, afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

WEDNESDAY

Photoshop Taster

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 9.00-11.00am
Cost: \$12, morning tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

How to register with My Aged Care

Where: Family Based Care Tasmania, 70 Oldaker Street
Time: Sessions are 30 minutes available between 9.30am-4.00pm
Cost: FREE
RSVP: bookings essential call 6431 8411

WEDNESDAY

Water Exercise

Join in for some Aqua aerobics for over 65's
Where: Splash Aquatic Centre, 260 Steele Street
Time: 10.00-11.10am
Cost: FREE
RSVP: bookings essential call 6424 7060

High Tea @ Hug a Mug

Join in for some high tea deliciousness
Where: Devonport Community House, 10 Morris Ave
Time: 10.00-11.30am
Cost: \$5, includes morning tea
RSVP: bookings essential call 6424 7060

Majestic Steam Train Ride

Ride a steam train complete with royal carriages from Don River Railway
Where: Don River Railway
Time: 10.00am - 4.00pm
Cost: \$10 per person

Seniors Week Tasting Plate & Dessert

Tasting plate & dessert special available to seniors only
Where: Devonport RSL
Time: 12-2pm & 5.30-8pm
Cost: \$20
RSVP: bookings call 6424 2673

Care Forward Home Care Package and In-Home Support Service Information Sessions

Come and chat to our local staff about your current or future Home Care Package.
Where: Care Forward, 11 Steele Street
Time: 1:00-3.00pm
Cost: FREE

WEDNESDAY

Ageing Stronger, Active Longer

Strength and fitness program for Seniors of all abilities
Where: Devonport Recreation Centre,
Time: 1:00-2.00pm
Cost: Gold Coin Donation
New members are encouraged to turn up 10 minutes before class starts to complete a registration form

Wi-Fi Networks & Safety Online

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 1:00-3.00pm
Cost: FREE, afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

High Tea @ Hug a Mug

Join in for some high tea deliciousness
Where: Devonport Community House, 10 Morris Ave
Time: 2-3.30pm
Cost: \$5, includes afternoon tea
RSVP: bookings essential call 6424 7060

Connecting with Others

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 3:00-5.00pm
Cost: FREE, afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

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WEDNESDAY CONT...

Happy Ending - North West Film Society

Join society members to view this 2018 Danish drama
Where: paranable Convention Centre, 137 Rooke Street
Time: 6:15-9.00pm
Cost: FREE for seniors
RSVP: bookings essential
www.eventbrite.com.au/nwfs

THURSDAY

Windows Desktop Basics

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 9.00-11.00am
Cost: FREE, morning tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

How to register with My Aged Care

Where: Family Based Care Tasmania, 70 Oldaker Street
Time: Sessions are 30 minutes available between 9.30am-4.00pm
Cost: FREE
RSVP: bookings essential call 6431 8411

THURSDAY

Hearing Australia Bus

Pop along and have a chat about your hearing
Where: Fourways Carpark, Kempling Street
Time: 9.30am-2.00pm
Cost: FREE

Seniors Week Tasting Plate & Dessert

Tasting plate & dessert special available to seniors only
Where: Devonport RSL
Time: 12-2pm & 5.30-8pm
Cost: \$20
RSVP: bookings call 6424 2673

Introduction to Linux

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 1.00-3.00pm
Cost: \$12 afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

I-pad Basics

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 3.00-5.00pm
Cost: \$12 afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

FRIDAY

I-phone Basics

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 9.00-11.00am
Cost: \$12 morning tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

How to register with My Aged Care

Where: Family Based Care Tasmania, 70 Oldaker Street
Time: Sessions are 30 minutes available between 9.30am-4.00pm
Cost: FREE
RSVP: bookings essential call 6431 8411

Grandparents Day @ The Playhouse

Come along with your grandchildren or a friend for morning tea
Where: The Playhouse, cnr Forbes & Charles St
Time: 9.30am-12.00pm
Cost: \$2 per person, free for grandparents

Water Exercise

Join in for some Aqua aerobics for over 65's
Where: Splash Aquatic Centre, 260 Steele Street
Time: 10.00-11.10am
Cost: FREE
RSVP: bookings essential call 6424 7060

Seniors Week Tasting Plate & Dessert

Tasting plate & dessert special available to seniors only
Where: Devonport RSL
Time: 12-2pm & 5.30-8pm
Cost: \$20
RSVP: bookings call 6424 2673

FRIDAY

Care Forward Home Care Package and In-Home Support Service Information Sessions

Come and chat to our local staff about your current or future Home Care Package.
Where: Care Forward, 11 Steele Street
Time: 1:00-3.00pm
Cost: FREE

Online Hobbies

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 1.00-3.00pm
Cost: FREE afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

Windows Laptop Basics

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 4.00-6.00pm
Cost: FREE, afternoon tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434



SATURDAY

General Computer Maintenance

Where: Devonport Online Access Centre, Level 1 paranable centre
Time: 10.00am-12.00pm
Cost: \$12, morning tea included
RSVP: bookings essential drop in and book in person or call 0444 525 434

Splash to the Bluff

Celebrate Seniors week with an easy bike ride along the shared pathway
Where: Meet at Splash Aquatic Centre Car Park
Time: 10.30am-12.30pm
Cost: FREE

Seniors Week Tasting Plate & Dessert

Tasting plate & dessert special available to seniors only
Where: Devonport RSL
Time: 12-2pm & 5.30-8pm
Cost: \$20
RSVP: bookings call 6424 2673

SUNDAY

Kindness Cupcakes

Join the RSL for morning tea cupcake and a coffee
Where: Devonport RSL
Time: 12-3pm
Cost: \$10
RSVP: bookings call 6424 2673