**Past Issues** 

Translate ▼



The Community Services team welcome you to the 48th edition of the Community Services Newsletter.

In this edition we have grant opportunities, exhibitions at the Devonport Regional Gallery, City wide events and a whole lot more. Go and take a look!

Have information to share with the community? Please do not hesitate to send us an email at <a href="mailto:events@devonport.tas.gov.au">events@devonport.tas.gov.au</a>

We would love for you to share the information or Newsletter with your friends, networks and community groups. You can subscribe by using the subscription button on the Council Website <a href="here">here</a>.



- 5 August Twilight Market & Street Eats
- 6 August Missing Persons Week
- 10 August Self-Care and Mental Wellbeing Workshop
- 10 August North West Film Society Farewell Mr Haffmann
- 11 August Family Tree Collage
- 13 August <u>Toast for Kids Charity Gala</u>
- 15-17 August Science Week @ Devonport Library
- 16 August Career Discovery Days Aged Care

**Past Issues** 

Translate ▼

- 25 August Volunteer Recruitment Volunteering Tasmania
- 26 August Mum's Social Cuppa
- 30 August Practical Experience Days Aged Care
- 31 August 2 September SEGRA Cradle Coast Authority Sustainable Economic

Growth for Regional Australia Conference



- Every Monday and Tuesday 9.30am The Community HUB Pathway to Life
- Every Monday, Wednesday, Friday and Sunday 7-8.50pm Grans Van
- Every Monday 6pm Rotary Club of Devonport
- First Monday in the Month 10am Ladies Probus Club of Devonport Inc
- Forth Monday in the month 10am Mersey Valley Ladies Probus Club
- Every Tuesday 9.30am Mersey Singers Choir
- Every Tuesday, Wednesday, Thursday of the School Term <u>Ageing Stronger</u>, Active Longer
- Every Tuesday 1.30pm East Devonport Child and Family Centre
- Every Tuesday of the School Term 3-4.45pm Arvos @ The Junction
- Every Tuesday 6.15pm Rotary Club of Devonport South East
- Every Tuesday 7.30pm City of Devonport Brass Band Senior Band rehearsal
- Second Tuesday of each month 7.30pm Devonport Garden Club
- First Tuesday of each month 6.30pm Inner Wheel Mersey
- Second and last Tuesday of each month 2-4pm Friends of the Don Reserve
- Second and fourth Tuesday of each month 6.15pm <u>Spirit of Devonport</u> <u>Toastmasters Club</u>
- Second Tuesday of each month 7.30pm Devonport Garden Club
- Every Wednesday 5.30pm Heaven's Kitchen
- First Wednesday of each month 6pm Soroptimists International Devonport
- Every second Wednesday 10am-midday Reflections Dementia Friendly Cafe
- Every fourth Wednesday 10am Devonort Men's Probus Club 0412 753 306
- Every Thursday3.30-5pm City of Devonport Brass, Junior Band
- Every Thursday and Saturday 1pm Senior Citizen Indoor Bowls
- First Thursday of each month 5-6.30pm <u>Headspace</u>, <u>Face to Face Safe</u>
   <u>Space Peer Support</u>
- First and third Thursday 7pm Mersey Devonport Lions Club
- Every second Thursday times vary <u>Salvation Army Companion Club</u>

- First Thursday of each month 6pm Zonta Club of Devonport
- Every Friday 4-7pm Salvation Army Craft Group
- Second Friday evening of each month Providore Place Twilight Markets
- Sundays 8am 2pm Don Markets
- First Sunday of each month 2pm International Cafe Devonport
- Second Sunday of each month 12pm Devonport Orchid Society



28 July - A trip down memory lane with gallery exhibitions

- 1 August Street trading adds colour and vibrancy
- 2 August <u>Have your say on Our Open Space Strategy</u>
- 2 August More categories to boost funding chances



Seeking Expressions of Interest - Seniors Week

Seniors Week (17-23 October) is an opportunity for Tasmanians of all ages to join together and celebrate the valuable contributions of older people within our community. It is a great opportunity to encourage seniors to get out and about to catch up with friends and family while enjoying a wide range of activities.

Council is seeking to facilitate partnerships within the community in order to build a week long calendar of COVID Safe events for seniors that is inclusive of all walks of

**Past Issues** 

Translate ▼

by 16 September 2022.

Email Council's Community Development team <a href="mailto:council@devonport.tas.gov.au">council@devonport.tas.gov.au</a> or phone 6424 0511.



## paranaple convention centre shining a light

When possible the paranaple convention centre will shine bright bold colours to show support and - raise awareness for causes affecting families in our community. By raising awareness we can generate change.

#### Homelessness Week

Shine purple: Monday 1 - Sunday 7 August

Homelessness Week raises awareness of people experiencing homelessness, the issues they face and the action needed to achieve enduring solutions. For more information visit; https://sheltertas.org.au/homelessness-week-2022/

## National EOS Awareness Week

Shine pink and purple: Monday 8 - Sunday 14 August

This week aims to raise awareness of Eosinophilic Gastrointestinal Disorders (EGIDs). EGIDs occurs when eosinophils (a type of white blood cell), are found in above-normal amounts within the gastrointestinal tract causing inflammation and tissue damage.

Find out more here: <a href="https://www.ausee.org/">https://www.ausee.org/</a>

#### Daffodil Day

Shine yellow: Tuesday 23 - Friday 26 August

The daffodil is recognised internationally as the symbol of hope for all people affected by cancer. Daffodil Day appeal is Thursday 25th August 2022 hope to raise awareness and funds. In Devonport the Cancer Council will be hosting a stall in Rooke Street Mall.

Find out more about Cancer Council Tasmania here: <a href="www.daffodilday.com.au/get-involved/tas">www.daffodilday.com.au/get-involved/tas</a>

#### Wear it Purple

Shine purple: Friday 26 - Monday 29 August

their sexuality or gender identity.

Since then Wear it Purple has developed into an international movement. New generations of rainbow young people continue to be dedicated to promoting the annual expression of support and acceptance to rainbow young people.

Find out more: www.wearitpurple.org/

Find support in Tasmania with: www.workingitout.org.au/

Find friends and events with: www.facebook.com/NorthWestPride

International Overdose Awareness Day Shine purple: Wednesday 31 August

This year Youth Family and Community Connections are working with Anglicare & the Alcohol, Tobacco and other drugs Council of Tasmania (ATDC) to promote International Overdose Awareness Day.

Drug overdose continues to impact Tasmanians of all backgrounds – with more than one person lost every week to overdose across Tasmania. There will be events across Tasmania in person and online. Find out

more: https://www.atdc.org.au/overdoseday/



# **Grant Opportunities**

#### **Devonport City Council Community Grants**

Not-for-profit community groups, clubs and organisations can apply for Devonport City Council financial assistance grants.

The program helps deliver one-off projects, events and activities that enhance the liveability, health and wellbeing of the Devonport community.

Major and minor grant applications are being accepted until 25 August 2022.

To find out more visit: <a href="https://www.devonport.tas.gov.au/live/your-community/grants/major-minor-grants/">www.devonport.tas.gov.au/live/your-community/grants/major-minor-grants/</a>

#### Mental Heath Week

The 2022 Mental Health Week Small Grants Round is now OPEN!

To celebrate Mental Health Week (8-16 October), organisations, schools, businesses and communities across the state are encouraged to hold events and activities to celebrate the week, and raise awareness of mental health and wellbeing.

To assist with events costs the Mental Health Council of Tasmania are once again

find a range of resources, including a handy event planning guide to help you plan and run a great event.

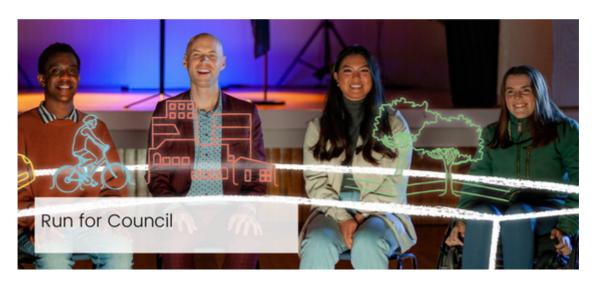
#### The Active Australia Innovation Challenge is back!

The Heart Foundation has up to ten \$10,000 grants for new, innovative projects that get more people moving in schools, universities or local community groups.

The Active Australia Innovation Challenge strongly encourages innovative projects that support people who do not meet Australia's Physical Activity Guidelines, people at risk of chronic disease, and people living in communities with high levels of physical inactivity (including rural and remote regions). This includes people identifying as Aboriginal or Torres Strait Islander and people with culturally and linguistically diverse backgrounds.

More info including the Application Guide and FAQs on the website <a href="heartfoundation.org.au/aaic">heartfoundation.org.au/aaic</a> Enquiries can be directed to <a href="mailto:innovationchallenge@heartfoundation.org.au">innovationchallenge@heartfoundation.org.au</a>

Expressions of interest/Applications are now open.



## **Run for Council**

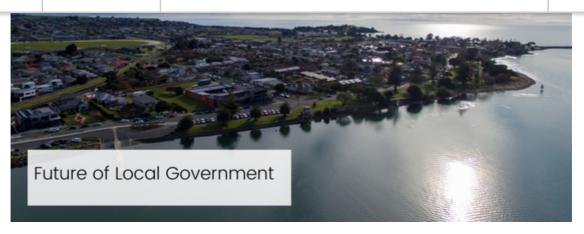
People from all walks of life are encouraged to consider running for their council in the local government elections later this year.

Tasmanian councils are responsible for representing the interests of their communities and delivering local services and infrastructure.

If you are considering becoming a councillor and want to learn more visit: <a href="www.lgat.tas.gov.au/">www.lgat.tas.gov.au/</a>

**Past Issues** 

Translate ▼



#### The future of Local Government Review

The Tasmanian Government commissioned the Local Government Board to undertake a Review into the future of local government in Tasmania. The Review will provide the Government with practical, evidence-based recommendations to ensure the future needs and aspirations of Tasmanians are met.

Read the report and have your say: <a href="https://engage.futurelocal.tas.gov.au/">https://engage.futurelocal.tas.gov.au/</a>



#### **Community Achievement Awards**

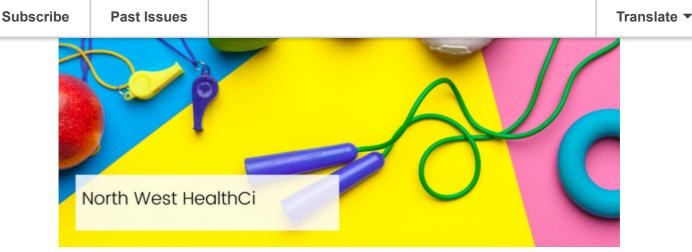
Nominations for the Tasmanian Community Achievement Awards are now open and the state-wide search has begun.

Category winners will be presented with \$1,000 or a Southern Cross Austereo Airtime package and a trophy.

Visit <u>www.awardsaustralia.com/tascaa</u> submit a nomination and select 'Nominate Now'. Alternatively, call 6234 9677

Nominations close Wednesday 17 August 2022. For assistance, please feel free to call the Awards Office on 6234 9677 or email <a @awardsaustralia.com</a>

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#### North West HealthCi

Formerly 'Ulverstone HealthCi', the new 'North West HealthCi' program is now available to Tasmanian residents 18 years and older living in the Devonport, Burnie and Penguin communities, as well as Ulverstone.

The program, which is supported by Primary Health Tasmania (Tasmania PHN) through the Australian Government's primary health networks program, provides individuals with access to free digital health and wellbeing support and coaching.

HealthCi is a holistic program which aims to engage individuals and provide them with tools that they need to make sustainable improvements to their overall health and wellbeing, while also proactively addressing the risks of mild mental ill-health.

- · Sleep better
- · Move better
- Feel better
- · Live better

If you (or someone you know) are eligible for the program, and could benefit from some support with achieving your health goals, you can find out more and register for free here: <a href="https://www.healthybusiness.net.au/ulverstonehealthci">https://www.healthybusiness.net.au/ulverstonehealthci</a>



Flu & COVID-19 Vaccination Clinics

Past Issues

Translate ▼

- The flu vaccine can be delivered at the same time as the COVID-19 vaccine –
  no interval is required between these two vaccines.
- Both vaccines are available to everyone aged 5-years and over in our staterun clinics.
- These combined Flu and COVID vaccination clinics will be running across June at multiple locations.

The Don Centre Devonport is a community vaccination clinic every Wednesday in August Or at the paranaple convention centre Saturday 27 August.

Bookings are preferred at community clinics however walk-ins are welcome. Book an appointment here: <a href="www.coronavirus.tas.gov.au/vaccination-information/covid-19-">www.coronavirus.tas.gov.au/vaccination-information/covid-19-</a>

vaccination/



#### Youth

## **ABC** Heywire

Heywire is an annual regional youth program run by the ABC that gives regional and rural youth the opportunity for their voice to be heard. At the annual Heywire Youth Summit, youth from all over Australia come together to develop project ideas aimed at improving the lives of young people in regional Australia. In partnership with the ABC, the Foundation for Rural & Regional Renewal (FRRR) run an annual grant program that provides grants of up to \$10,000 for youth led projects that align with these project ideas. You can find out more information about the grants here <a href="https://frrr.org.au/funding/people-grants/heywire-youth-innovation-grants/">https://frrr.org.au/funding/people-grants/heywire-youth-innovation-grants/</a>

# Grief and loss group program

Seasons for Growth is a free 8 week program for 3-18year olds beginning August 2022 3.30-5pm

What to expect at group:

- · Explore the impact of change and loss on everyday life.
- · Learn how to manage change more effectively.
- · Increase self-esteem.
- · Learn how to manage feelings.
- · Develop your problem solving skills.

support network.

 Wide range of activities including writing, drawing, discussion, stories, role play, music, guided meditation and journaling.

To register interest please email Tanya on tleary@csys.com.au, or call 6424 2144

## Grief and loss support

Headspace also has a senior clinician with specific grief & loss training who is available to provide brief interventions, Single Session Therapy and ongoing individual therapy. Currently there is no wait time for therapy appointments. Contact Devonport Headspace for more

information: https://headspace.org.au/headspace-centres/devonport/ 03 6424 2144

# Co-design a new youth mental health service

Baptcare and Monash University, are seeking input from young people aged 10-25 years to co-design a new youth mental health service in Tasmania. Opportunities include one-on-one chats to share their lived experience of accessing mental health services, or in group sessions to design what the service should deliver and what the support could look like. Participants will receive a gift-voucher for each session they attend. Contact Melissa for more information at 0467 555 145 or melissa.savaglio@monash.edu.

#### Young people and vaping in Tasmania, Online survey

The <u>University of Tasmania</u> is conducting a study with young people aged 18-25 years to better understand young people's attitudes towards, and use of, vaping devices and e-cigarettes in Tasmania. Young people are invited to participate in an anonymous online survey and follow-up focus group or interview. Participants can enter the draw to win a \$30 gift card. Contact <u>tobacco.research@utas.edu.au</u> to find out more.

#### <u>Mission Australia Youth Survey – now open!</u>

The 2022 Mission Australia Youth Survey is now open. The Survey is Australia's largest online youth survey, providing a platform for young people aged 15-19 years to speak up on issues that concern them. The survey closes 12 August 2022: <a href="https://www.missionaustralia.com.au/youth-survey">www.missionaustralia.com.au/youth-survey</a>

## The Evatt Competition

Australia's largest diplomacy and debate competition. is centred around debate in a mock UN Security Council setting. In teams of two, delegates represent a country on the UN Security Council, and spend the day debating and collaborating on different real world issues. It's a fantastic opportunity for students years 9-12 to learn skills in public speaking, improve their confidence, and make some new friends!

Register here: <a href="https://unyouth.wufoo.com/forms/tas-evatt-2022-registration-form-q1yd2uwc1xivodh">https://unyouth.wufoo.com/forms/tas-evatt-2022-registration-form-q1yd2uwc1xivodh</a>

Past Issues

Translate ▼



#### **Exhibitions**

# Life: Work in Progress

Artist: Luke Viney

Luke Viney is a local artist and art teacher. The ceramic works and wall based collages seen in this exhibition form a timeline of his life.

Little Gallery

16 July - 20 August 2022

## I'm Still Standing: Devonport Surviving Architecture

Works from the Devonport City Council Permanent Collection Curated by Ruby Moore

The exhibition *I'm Still Standing* looks at Devonport's historical buildings through the photographs of Bert and Albert Robinson and the watercolours of Kathleen Cocker. The 2022 Devonport Regional Gallery Emerging Guest Curator is Ruby Moore. This exhibition is the result of her engagement with the City of Devonport's Permanent Art Collection.

**Upper Gallery** 

16 July - 20 August 2022

#### Women's Art Prize Tasmania 2022 Finalists Exhibition

This exhibition features the works of 25 shortlisted finalists of Tasmania's only women's art prize.

Main Gallery

6 August - 17 September 2022

## Little Gallery Emerging Artist Program 2022 Selected Artists:

27 August – 24 September: Jane Menzies
1 October – 29 October: Stephanie Reynolds
5 November – 3 December: Elizabeth Braid
10 December – 14 January: Armie Sungvaribud

# After-School Workshops: Create & Make

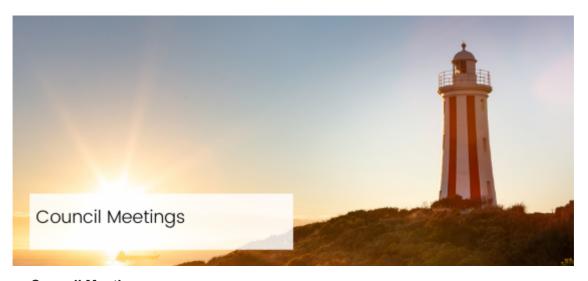
After-school workshops will be back again in August for Term 3.

Wednesday or Thursday classes 4-5pm.

These workshops are free but numbers are limited, so bookings are essential. Please contact the Gallery to book in for any remaining places or be added to the

**Past Issues** 

Translate ▼



# **Council Meetings**

Council meetings are held on the fourth Monday of each month, in our Council Chambers In the Aberdeen Room, level 2, paranaple centre, 137 Rooke Street Devonport, starting at 5.30pm. Meetings will continue to be livestreamed on Council's YouTube channel for those who are unable to attend the meeting, and a link will be available the following day on Council's

website: www.devonport.tas.gov.au/council/council-meetings/

- Monday, 22 August 2022 | 5:30pm
- Monday, 26 September 2022 | 5:30pm
- Monday, 24 October 2022 | 5:30pm
- Monday, 28 November 2022 | 5:30pm
- Monday, 19 December 2022 | 5:30pm

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