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Welcome to the 39th edition of the Community Services Newsletter!

In this Newsletter we hear about International Day of Volunteers, learn more about the recently endorsed Regional Cat Strategy, delve into the Hey Sport, R U OK? program, and a whole lot more.

We would love for you to share the information or Newsletter with your friends, networks and community groups. You can subscribe by using the subscription button on the Council Website here.



Upcoming events

Bookings may be a requirement of the below events, check website for information including COVID-safe conditions.

or Facebook: www.facebook.com/devonportevents

- 2 Oct 6 Nov Exhibition: Minds Do Matter
- 6 Nov TAS Hi Points Round 1 Powerboat Racing
- 7 Nov International Cafe
- 10 Nov Community Engagement Outreach Connection Van
- 11 Nov Remembrance Day Ceremony
- 11 Nov Safe Spring Cleaning Day @ Spreyton Waste Transfer Station
- 11 Nov Rockin' Through the Ages
- 12 Nov CORES Suicide Prevention Training
- 14 Nov Superhero Sunday
- 17 Nov Carers have your say
- 19 Nov Blueberry's Dance Party
- 20 Nov Drag Brunch!
- 20 Nov Niche Market Bazaar
- 20 Nov The Traveling Wilburys Sessions
- 24-25 Nov Schools Triathlon Challenge
- 25 Nov 10 Dec 16 Days of Activism against Gender-Based Violence
- 26 Nov Public Holiday Devonport Show
- 26 Nov Devonport Girl Guides Come and Try Community Event
- 27 Nov Sea Shepherd Marine Debris Bluff Blitz #3
- 1 Dec CORES Self-Care and Mental Wellbeing Workshop
- 6 Dec Community Breakfast for Volunteers



Regular events

- Every Monday and Tuesday 9.30am The Community HUB Pathway to Life
- Every Monday 6pm Rotary Club of Devonport
- First Monday and third Thursday 7pm Mersey Devonport Lions Club
- Every Tuesday, Wednesday, Thursday of the School Term <u>Ageing Stronger</u>, Active Longer
- Every Tuesday 1.30pm East Devonport Child and Family Centre
- Every Tuesday of the School Term 3-4.45pm Arvos @ The Junction

- Second Tuesday of each month 7.30pm <u>Devonport Garden Club</u>
- First Tuesday of each month 6.30pm Inner Wheel Mersey
- Second and last Tuesday of each month 2-4pm Friends of the Don Reserve
- Second and fourth Tuesday of each month 6.15pm <u>Spirit of Devonport</u> <u>Toastmasters Club</u>
- Second Tuesday of each month 7.30pm Devonport Garden Club
- First Wednesday of each month 6pm Soroptimists International Devonport
- Every second Wednesday 10am-midday Reflections Dementia Friendly Cafe
- First Thursday of each month 5-6.30pm <u>Headspace</u>, <u>Face to Face Safe</u>
 <u>Space Peer Support</u>
- Every second Thursday times vary Salvation Army Companion Club
- Every Thursday 6pm Rotary Club of Devonport North
- First Thursday of each month 6pm Zonta Club of Devonport
- Every Friday 4-7pm Salvation Army Craft Group
- Second Friday evening of each month Providore Place Twilight Markets
- Every second and fourth Saturday 8am 12 midday <u>Devonport Farmer's</u> <u>Markets</u>
- Sundays 8am 2pm Don Markets
- First Sunday of each month 2pm International Cafe Devonport



Media Releases

19 October 2021 Mayor's Message

20 October 2021 Council records strong year despite COVID impact

19 October 2021 Community input needed for sports facilities master plan

Employment Opportunities

<u>Building Asset & Project Officer</u> Applications close Sunday, 14 November 2021 <u>Civil Works Serviceperson</u> Applications close Sunday, 21 November 2021

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Community Breakfast for Volunteers

Devonport City Council will be hosting a BBQ on Monday, 6 December 7-9am. Celebrating the contributions of volunteers within the Devonport community to commemorate International Day of Volunteers.

Council is pleased to invite all persons who work in a volunteer capacity in the Devonport municipality to attend the FREE <u>'Thank You' Breakfast</u> at Market Square.

The Breakfast will be cooked by Mayor Rockliff, Councillors and Council staff. For catering purposes please, RSVP by Monday, 29 November by either: P 03 6424 0511

E council@devonport.tas.gov.au

Facebook Event



Important reminder about COVID-Safe Events

Communities, Sport and Recreation are involved in the assessment of applications via the COVID-19 Events Framework.

The Events Framework has been developed to assist event organisers to plan for

will be classified as level one, two or three, depending on various risk factors: such as whether the event is indoor or outdoor; seated or free moving. Different capacity limits and different controls then apply to the different levels.

In order to have an event approved under the Events Framework and hence run in a COVID-19 safe way, it is essential that an Events Framework Application is submitted with significant time (at least 21 days prior to the event) for assessment and enable the implementation of appropriate COVID-19 mitigation measures.

Without necessary Events Framework approvals in place (ie the event organiser has not submitted an Application and received necessary approval), there may be potential ramifications from WorkSafe and Public Health.

Further information in relation the COVID-19 Events Framework, can be found via https://www.business.tas.gov.au/coronavirus_information/event_framework or contacting them on 1800 440 026.



Cervical Cancer Awareness Week 8-14 November 2021

The Cervical Screening Test (CST) has replaced the Pap test, which looked for changes of the cells in the cervix.

The CST looks for the presence of human papillomavirus (HPV), which can cause those changes.

HPV is a common virus, 4 out of 5 people will have a genital HPV infection at some time in their lives. Most cases of HPV clear up on their own, however, some can develop into cancer. HPV causes almost all cervical cancers.

Cervical screening now occurs every 5 years (instead of every 2 years) if your results are normal.

If you are aged 30 years or over, have never screened or are overdue for cervical screening you now have a choice! You can choose to collect a sample yourself (discuss self-collection with your health professional).

Book your CST today!

For more information visit <u>www.health.gov.au/initiatives-and-programs/national-cervical-screening-program</u> or phone 13 15 56.



COVID vaccination

Community Clinics

State-run Pfizer vaccination clinics are open across Tasmania to anyone aged 12 or over.

Walk-ins are now accepted at all clinics, but bookings are encouraged to avoid waiting.

Devonport Surf Life Saving Club 3-5, 8,11, 14, 17-19 November (9am - 5pm)

To see the full list please visit the <u>Tasmanian Government's COVID-19 website</u>.

To book an appointment go to <u>www.coronavirus.tas.gov.au</u> or ring the Public Health Hotline on 1800 671 738.

Vaccines at Local GP's and pharmacies

You can also get vaccinated at participating GPs and pharmacies. Contact your local GP or visit www.findapharmacy.com.au to make an appointment.

- Priceline Pharmacy Devonport AstraZeneca and Moderna
- Valley Road Medical Centre AstraZeneca and Pfizer
- Smartclinics Devonport AstraZeneca and Pfizer
- Don Medical Clinic AstraZeneca and Pfizer
- Valley Road Pharmacy AstraZeneca and Moderna
- Amcal Max Devonport AstraZeneca and Moderna
- Terry White Chemists Fourways AstraZeneca and Moderna
- Mersey Pharmacy AstraZeneca and Moderna
- East Devonport Medical Centre AstraZeneca and Pfizer

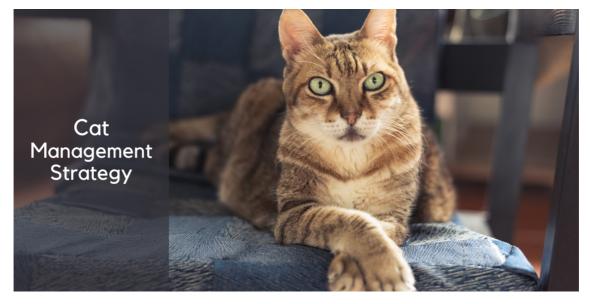


Aussie Bird Count Results

Thank you to all who participated in the 2021 Aussie Bird Count!

Find the Aussie Bird Count statistics for postcode 7310 for 20192021 here: www.devonport.tas.gov.au/live/environment/flora-fauna/aussie-backyard-bird-count/

The #AussieBirdCount will be back 17-23 October 2022 during National Bird Week.



Regional Cat Management Strategy (2021-2026)

At the September meeting Council endorsed the Cradle Coast Regional Cat Management Strategy (2021-2026), developed in response to the <u>Cat Management</u> Act 2009 and the Tasmanian Cat Management Plan 2017-2022.

The Strategy has been developed by Councils in the region, Cradle Coast Authority (CCA), RSPCA Tasmania, Australian Veterinary Association and the Tasmanian Government (Biosecurity Tasmania and Tasmania Parks and Wildlife Service).

Some questions commonly asked:

desexed and microchipped by a veterinarian surgeon from 4 months of age.

Question: Is there a legal requirement to confine my cat to my property?

Answer: There is no requirement in Tasmanian legislation to confine your cat.

However, for the benefit of your cat, your neighbours and local wildlife it is strongly encouraged that you keep your cat confined to your house and yard. Cat owners have a responsibility to ensure their cat/s do not become a nuisance to their neighbours.

If a neighbour's cat is becoming a regular nuisance, please consider discussing the problem with the cat's owner, as often they are unaware that there is a problem.

Question: Can my cat be trapped if it wanders from my property? Answer: The Cat Management Act 2009 allows for all cats, with or without identification to be trapped if they are found to be trespassing on private land and prohibited areas.

Question: What happens if my cat ends up at a shelter or cat management facility? Answer: Cats in the care of a Tasmanian Cat Management Facility will be scanned for a microchip, this is to establish ownership (to attempt to contact the owner). Cat Management Facilities are required to hold microchipped cats for at least 5 days, and non-microchipped cats for 3 days. After this time the Cat Management Facility may re-home, sell or euthanise the animal.

Cat Management Facilities may charge for the board of the cat whilst it was in care.

Question: Can my cat be happy and healthy confined to my home?

Answer: Cats can live happy indoors as long as they have food and water, a litter tray, entertainment such as climbing and scratching poles, toys and or course your love and attention.

If your cat has enjoyed being outside for many years you can slowly increase it's time indoors over an extended period.

Cat's that live indoors are at less risk of injury or death from road accidents, fighting, and disease.

Find more information here:

- <u>Tasmanian Cat Management Plan (Department of Primary Industries, Parks,</u> Water and Environment)
- Information for Cat Owners TassieCat
- Resources TassieCat
- Pet Owner Responsibilities Devonport City Council



The Headstone Project

The Headstone Project in Tasmania are busy planning our next project. Later this year we are heading to the Devonport General Cemetery to place headstones for 11 of our World War 1 servicemen who are buried in unmarked graves. Prior to work commencement, we would like to make contact with relatives of the following First World War veterans who are buried in the Devonport General Cemetery.:

- Henry Joseph Smith
- Thomas William Taylor
- Robert Smith
- Ernest Alfred Nichols
- Walter Claude Tole
- Charles Bilson
- Cyril Isaac Williamson
- William George Maxfield
- Albert Henry Hope
- · Gordon Transvaal Shea
- Edward Vincent Laycock

For further information please contact us at enquiries@headstoneproject.org
Follow on Facebook: https://www.facebook.com/headstoneprojectau/
They served. They deserve to be remembered.

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Hey Sport, R U OK?

Hey Sport, R U OK? provides free resources for coaches, administrators, officials, volunteers and participants to help them build an R U OK? Culture so everyone in their sporting community feels connected and supported.

The practical tools and tips will help you spot the signs that someone might be struggling with life's ups and downs and help you know when and how to ask 'are you OK?' and have a meaningful conversation that could change, or even save a life.

Register to join the R U OK Sporting Community: www.ruok.org.au/sport



Escaping Violence Payment

If you are looking to leave a violent partner, or have recently left and you are struggling with the finances to live your life in safety, you could be eligible for:

- Up to \$1500 in financial assistance such as vouchers for essential items
- Goods and services such as removalists, bonds or basics for a new home
- Wrap-around support including casework from the EVP provider.

If you are experiencing family violence and need immediate support or advice, call 1800 RESPECT on 1800 737 732 and they will let you know what you can

what to do next.

Find more information: https://www.unitingvictas.org.au/services/family-services/family-violence-services/escaping-violence-payment/

Temporary visa holders experiencing family violence Women's Legal Service Tasmania currently have a pilot program assisting:

- · Women on temporary visas in Australia
- Women experiencing Family Violence

How they can assist:

- Protective orders
- Parenting orders or arrangements
- Property Settlement after the breakdown of a relationship
- Divorce
- Minor civil matters
- Minor criminal matters

Women's Legal Services Tasmania also work to make sure visa issues are addressed.

If you would like to know more, please call the Free confidential advice line on 1800 682 468 or email admin@womenslegaltas.org.au



Community Grants Program

Cement Australia is currently accepting applications from not-for-profit organisations for their Community Grants Program.

Nine grants are available for up to \$2,000 each, for projects that enhance community life and community participation, including educational, sporting, health and well-being, cultural and charitable initiatives.

For enquiries or to obtain a link to the application email: tasgrants@cemaust.com.au
Applications close Sunday, 14 November 2021



Health Literacy needs of Tasmanians

A University of Tasmania research project aims to understand the health literacy needs and strengths of Tasmanians.

They ask that you complete a survey to help them understand the challenges you have while seeking, understanding, and using health information and services to make decisions about your health. The results will be used to advocate for change. If you are keen to be involved, please complete the

survey: https://redcap.utas.edu.au/surveys/?s=CW473F3JYA

For a paper survey or to ask any questions about the research please contact: Madeline Spencer, PhD Candidate madeline.spencer@utas.edu.au



Hayfever and Asthma

Lots of Tasmanians get allergies, asthma and blocked sinus suffer greatly at this time of year.

Asthma Australia have a new video for those looking for an effective solution. It explains the different types of nasal sprays, how to use them and why.

(1800 278 462).



National Firearms Amnesty

Unlawfully possessed firearms, unwanted firearms, unregistered firearms, firearm parts and ammunition can be surrendered without penalty during the National Firearms Amnesty.

In Tasmania, you can surrender a firearm at your nearest Police Station or participating licensed firearm dealer.

When surrendering a firearm to a participating licensed dealer or to a police station, make sure the firearm is unloaded and where possible, remove the bolt or other method to render the firearm safe. Your firearm should be placed in a gun bag or be wrapped in a blanket. Ammunition can be taken to a participating licensed dealer or to a police station at the same time as your firearm but should be in a separate bag, box or container.

Learn more here: https://crimestoppers.com.au/firearmamnesty/tas/



The Environmental Film Festival Australia is back with EFFA '21 on demand until 14 November. The 12th annual volunteer run festival is available to watch across the whole of Australia and New Zealand.

A discount code is available for the Devonport community, just use the code JOURNEYFAR20 to get 20% off all tickets and passes.

With narrative features, documentaries, shorts, and children's content, you can storm the Aussie streets with the School Strike 4 Climate crew, swim deep with the marlins and sea lions in California, stand with Indigenous leaders fighting for their communities across the planet, admire the Moon from a new point of view, or just take a seat and listen to some of the world's wisest Elders.

Check the website for screening and price options: www.effa.org.au/effa21



Parenting/families

New Baby and Me

Connect with other parents and gain knowledge and support in the first few weeks of your baby's life.

The group will consist of up to 12 parents and run over 6 weeks. A child health nurse will also attend at different times to answer your questions. Babies must be under 3months of age.

Location: East Devonport Child and Family Learning Centre

When: Commencing 10 November 2021 10am-12pm each Wednesday for 6 weeks Cost: Free

For further information or to book, please visit: www.anglicare-tas.org.au/parenting-courses/

Turning in to Teens

A FREE eight-session parenting program for parents and caregivers of grade 6 adolescents. Tuning in to Teens shows you how to help your teen develop emotional intelligence.

When: Fridays from 9.30-11.45am commencing 22 October 2021

Cost: Free

For further information or to book, please contact Shane: 0447 303 634 or email s.east@anglicare-tas.org.au

National Children's Week

National Children's Week is happening between 23 October – 31 October 2021. The theme for this year is 'Children have the right to choose their own friends and safely connect with others' based on Article 15, United Nations Convention of the Rights of the Child.

Playgroup Tasmania together with a state-wide working group has lead the coordination of Children's Week activities in Tasmania with the launch of the activity guide: https://playgrouptas.org.au/national-childrens-week/

All activities listed are free, they will all be following Covid safe practices and please check booking requirements.

eSafety parent guide to digital technologies and mental health Designed for parents and carers of young people aged between 10 – 18, this webinar will cover:

- what do to about accidental exposure to content about suicide, self-harm or eating disorders
- using games, apps, and social media to support mental wellbeing
- · the pros and cons of digital mental health platforms, and
- strategies for young people to support friends online.

This will be held six times during October and November. Register at: https://register.gotowebinar.com/rt/8245460212320493072

eSafety's parent guide to online gaming

Designed for parents and carers of young people aged 8-13 this webinar will cover:

- · eSafety's State of Play research
- the games young people are using and how they are engaging with them
- the benefits of gaming and how to mitigate risks, and
- practical strategies to use at home and where to find help and support if things go wrong.

This webinar will be held twice during November. Register at: https://register.gotowebinar.com/rt/224257905834791

Bespoke webinars (50+ people)

eSafety staff can also provide expert parent and carer webinars tailored to your community's needs, with a minimum audience of 50 people.

If you require further information or would like to book a bespoke webinar, please contact the Education and Training team at outreach@esafety.gov.au.

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How do Tassie Kids Play in 2021?

Variety Australia's Inclusive Play team want to better understand Tassie kids, in particular how they like to play.

You can help Variety develop plans for Tasmania by completing a Survey found here: www.variety.org.au/tas/

Learn more about the importance of inclusive play here: www.variety.org.au/variety-livvis-place/



Youth

Spirited Devonport

Spirited Devonport is a digital platform that aims to give voice and a place to showcase things that matter such as: community, art, events, sport, opinions, games and important social issues.

Young people from the North West are invited to submit opinion pieces, short fiction, poetry, art or talk about the exciting things that are happening in the region.

The blog belongs to the young people of Devonport and their voice matters, a RANT

Read the posts here: https://spiriteddevonport.com.au/

Submit a piece: jakob@rantarts.com

Smoke Free Generation

The Tasmanian Smoke Free Young People Working Group have updated *The Future* is Smoke Free – Your Guide to supporting young Tasmanians to be smoke free. It is a quick read with great information on supporting any young person to be smoke free.

Visit the website to learn how you can be smoke free or support someone to become smoke free and together lets work towards a smoke free generation: https://smokefreegeneration.org.au/

Tasmanian Youth Forum: Transport 'Zine for young people.

The Tasmanian Youth Forum (TYF) is one of Tasmania's largest annual youth events for young people aged 12-25 years.

TYF brings young people together from across the State to share their views and opinions on youth issues, as well as ideas and solutions for improving outcomes for young Tasmanians.

In 2021 150+ young Tasmanians gathered in Launceston to voice concerns, contribute ideas and identify solutions regarding Tasmanian Transport. Key findings from the event can be found on the Youth Network Of Tasmania website here: https://www.ynot.org.au/young-people/tasmanian-youth-forum

The Trips Not Made Research project

Anglicare TAS are recruiting up to four (4) young people aged 12-25 years to participate in a Research Advisory Group as part of the 'Trips Not Made' Research Project. This two-year Project aims to identify what is needed to make public transport inclusive for all Tasmanians statewide, particularly for young people living with disabilities, mental health needs, chronic illness, and Autistic/neurodiverse people.

The research will be used to demonstrate where transport problems occur, the impacts of limited or no transport on young people and communities, and present ideas to reduce barriers and improve transport equity in Tasmania.

More information can be

found here: https://utaseducation.co1.qualtrics.com/jfe/form/SV_3pDC51F2ebLLSM6
Applications are open until 5 November 2021.

Please direct any enquiries to Lisa Stafford <u>lisas1@anglicare-tas.org.au</u> or phone 1800 243 232.

Access to local play spaces

Variety is talking to kids, teens and families right across the country about who is playing, who is not and why. They have asked us to share this quick online survey, with some great prizes on offer. It only takes about 5 minutes and will help to get

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Growing into a new name

The Street Seed Libraries, Devonport has a new name, it's now the Devonport Seed Library!

It's hoped the new name will make it a little easier to find on Facebook, it's only a matter of time before the group becomes 1,000 members strong!

Join the online group to find tips on November seeds to sow, seedlings to plant and the seeds of the week.

Facebook group: https://www.facebook.com/groups/2763393530542418/



Devonport Regional Gallery

Minds Do Matter
RANT Arts
Upper Gallery
2 October - 6 November 2021

Sarah Astell - Little Gallery Emerging Artist Program 2 October - 13 November 2021

Without a Sound

Melissa Smith - 2021 Solo Commission Artist

Main Gallery

16 October - 26 November 2021

Self-portraits by North West Support School

Foyer Space

23 October - 27 November 2021

Upcoming Exhibition

Systematic

Artists: Tega Brain, Ian Burns, Bill Hart, Jacob Leary, Nadège Philippe-Janon, Patrick

Pound, Tricky Walsh, Laura Woodward

Upper & Little Galleries

20 November - 29 January 2022

Painting Places: Past and Present

Stephen Lees Main Gallery

4 December 2021 - 29 January 2022



Council Meetings

Council meetings are held on the fourth Monday of each month, in our Council Chambers In the Aberdeen Room, level 2, paranaple centre, 137 Rooke Street Devonport, starting at 5.30pm. Meetings will continue to be livestreamed on Council's YouTube channel for those who are unable to attend the meeting, and a link will be available the following day on Council's

website: www.devonport.tas.gov.au/council/council-meetings/

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- Monday, 22 November
- Monday, 20 December

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