



The Community Services team welcome you to the 54th edition of the Devonport Community Services Newsletter.

As we delve into the enchantment of winter, we invite you to join us for an array of captivating events that will warm both your hearts and minds. This season, we are thrilled to present a series of thought-provoking speakers who will inspire, challenge, and ignite meaningful discussions.

Have an event you would like to share with the community? Please do not hesitate to send us an email at events@devonport.tas.gov.au

We would love for you to share Newsletter with your friends, networks and community groups. Anyone can subscribe by using the subscription button on the Council Website [here](#).



- 7 June - [RACT- Misunderstood Road Rules](#)
- 8 June - [Career, Education & Training Support Session](#)
- 9-11 June - [Devonport Junior Soccer Association – Devonport Cup](#)
- 12 June - [Public Holiday \(King's Birthday\)](#)
- 14 June - [Brand Storytelling on Facebook](#)
- 14 June - [Cultural Awareness Training](#)

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10 June - [Cultural Safety Training](#)
 15 June - [Alex Noble, Building Positive Mindsets](#)
 15 June - [Career, Education & Training Support Session](#)
 15 June - [Mental Health Forum](#)
 16 June - [Committee Training for Community Organisations](#)
 16 June - [School of Rock: The Musical Don College](#)
 17 June - [2023 Winter Wonderland of Wellness Gala Ball](#)
 24 June - [Winter Solstice Splash](#)
 24 June - [Devonport BIG SING!](#)
 24 June - [Masquerade! Cancer Council Fundraising Ball](#)
 27 June - [Karen Young – Empowerment Unleashed](#)
 28 June - [Karen Young – Nurturing Brilliance](#)
 30 June - [Tim Freedman at Devonport RSL](#)
 30 June - [Singalong Musicals MAMMA MIA – ABBA on Repeat](#)
 1 July - [Devonport BIG SING!](#)
 6 July - [Tanya Cavanagh - Parent Seminar - #Notevenonce](#)
 6 July - [Melbourne International Comedy Festival Roadshow](#)
 12 July - [North West Film Society - Close](#)
 27-30 July - [Devonport Jazz Festival](#)



- Every Monday and Tuesday 9.30am - [The Community HUB - Pathway to Life](#)
- Every Monday, Wednesday, Friday and Sunday 6-7.50pm - [Grans Van](#)
- Every Monday 6pm - [Rotary Club of Devonport](#)
- First Monday in the Month 10am - [Ladies Probus Club of Devonport Inc](#)
- Forth Monday in the month 10am - [Mersey Valley Ladies Probus Club](#)
- Every Tuesday 9.30am - [Mersey Singers Choir](#)
- Every Tuesday, Wednesday, Thursday of the School Term - [Ageing Stronger, Active Longer](#)
- Every Tuesday 1.30pm - [East Devonport Child and Family Centre](#)
- Every Tuesday of the School Term 3-4.45pm - [Arvos @ The Junction](#)
- Every Tuesday of the School Term 5.30-7pm - [Devonport Rainbow Girl Guides](#)
- Every Tuesday 6.15pm - [Rotary Club of Devonport South East](#)
- Every Tuesday and Thursday of the School Term 6.30pm - [City of Devonport Scout Group](#)
- Every Tuesday 7.30pm - [City of Devonport Brass Band Senior Band rehearsal](#)

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- First Tuesday of each month 8.30pm - [Inner Wheel - Mersey](#).
- Second and last Tuesday of each month 2-4pm - [Friends of the Don Reserve](#)
- Second and fourth Tuesday of each month 6.15pm - [Spirit of Devonport Toastmasters Club](#)
- Second Tuesday of each month 7.30pm - [Devonport Garden Club](#)
- Every Wednesday 5.30pm - [Heaven's Kitchen](#)
- First Wednesday of each month 6pm - [Soroptimists International Devonport](#)
- Every second Wednesday 10am-midday - [Reflections Dementia Friendly Cafe](#)
- Every fourth Wednesday 10am - Devonport Men's Probus Club - 0412 753 306
- Every Thursday 3.30-5pm - [City of Devonport Brass, Junior Band](#)
- Every Thursday and Saturday 1pm - [Senior Citizen Indoor Bowls](#)
- First Thursday of each month 5-6.30pm - [Headspace, Face to Face Safe Space Peer Support](#)
- Every Thursday of the School Term 6-8pm - [Devonport Indigo Girl Guides](#)
- First and third Thursday 7pm - [Mersey Devonport Lions Club](#)
- Every second Thursday times vary - [Salvation Army Companion Club](#)
- Every Thursday 6pm - [Rotary Club of Devonport North](#)
- Every Thursday 6.30pm - [Resonance Choir](#)
- First Thursday of each month 6pm - [Zonta Club of Devonport](#)
- Fourth Thursday of each month 10am - [Devonport Probus](#) (Combined Group)
- Every Friday 4-7pm - [Salvation Army Craft Group](#)
- Second Friday evening of each month - [Providore Place Twilight Markets](#)
- Occasional Saturdays 8.30-12pm - [Devonport Farmers Market](#)
- Sundays 9am - 2pm - [Don Markets](#)
- First Sunday of each month 2pm - [International Cafe Devonport](#)
- Second Sunday of each month 12pm - [Devonport Orchid Society](#).



17 May - [Torquay Heritage Trail Officially Opens, Celebrating East Devonport's Rich History](#)

8 June - [Horsehead Creek Camping Season](#)

8 June - [King's Birthday Public Holiday hours](#)

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Alex Noble - Building Positive Mindsets

The Devonport Access and Inclusion Working Group invite you to hear from Alex Noble, an extraordinary individual who embodies resilience, reinvention, and a positive outlook on life. Alex experienced a life-changing injury while playing rugby in 2018, which left him permanently quadriplegic. Despite the challenges, he has demonstrated remarkable achievements.

Alex has defied the odds. He regained significant strength and movement in his arms and legs, even developing the ability to partly stand up. His journey has showcased incredible self-esteem, self-worth, and self-love.

Alex's inspiring story and his pursuit of an adventurous life as an extreme athlete have captured the nation's attention. Through his experiences, he encourages individuals to challenge the limitations they perceive and realise that the only restrictions in life are the ones we create in our minds.

When: Thursday 15 June 2023

Time: 10.30am

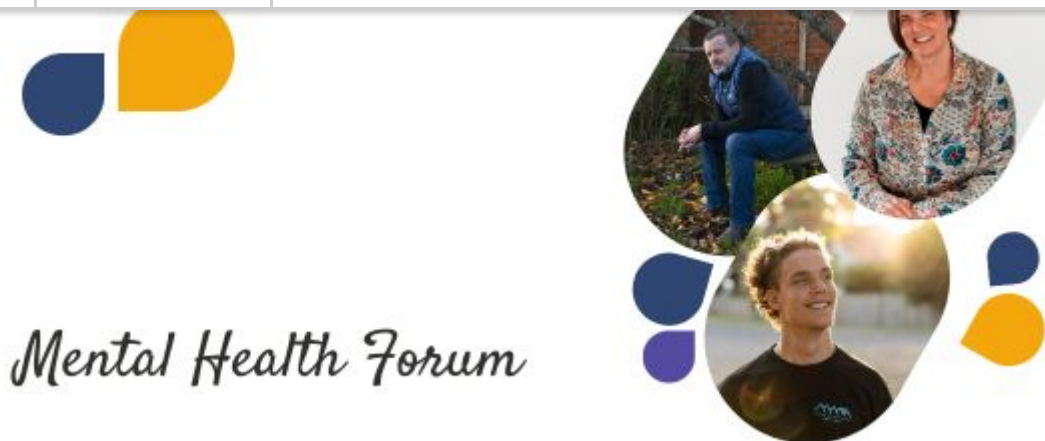
Where: paranapple convention centre

Cost: \$25

Tickets: [Eventbrite](#)

This event is proudly supported by:

The Devonport Access and Inclusion Working Group

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Mental Health Forum and Expo - Life Beyond Trauma | Strategies for Support

Join Devonport City Council and Man Up Tasmania for an enlightening event where three incredible keynote speakers will share their expertise and personal stories on mental health. Prepare to be inspired, educated, and motivated to make a positive change in your life.

In addition to the impactful keynote presentations, we have an expo of dedicated local service providers offer valuable resources, information, and support for your mental well-being. Explore the abundance of services available in our community and connect with organisations that are making a real difference.

This is an opportunity you don't want to miss! Gain valuable insights, find the support you need, and become part of a caring and inclusive mental health community. Secure your tickets now to reserve your spot!

Keynote Speakers:

- Alex Noble,
- Melinda Stephens, and
- Dean Yates

When: Thursday 15 June 2023

Time: 6-9pm

Where: paranapple convention centre

Cost: \$35

Tickets: [Eventbrite](#)

This event is proudly supported by:

Primary Health Tasmania, Man Up Tasmania and Devonport City Council

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Karen Young

Karen Young, a distinguished expert in child psychology and emotional well-being will be providing valuable insights and practical strategies to empower young people (and older people) to combat anxiety, equipping them with invaluable tools to navigate the challenges they may face.

Karen is an author, speaker, her books, including 'Hey Warrior' and 'Hey Awesome,' have sold over 180,000 copies globally.

You have two opportunities to learn from Karen this month:

Empowerment Unleashed - Strengthening Young People Against Anxiety

When: Tuesday 27 June 2023

Time: 7pm

Where: paranapple convention centre

Cost: \$25

Tickets: [Eventbrite](#)

Nurturing Brilliance - Supporting learning, behaviour, and emotional regulation in young people

When: Wednesday 28 June 2023

Time: 10.30am

Where: paranapple convention centre

Cost: \$25

Tickets: [Eventbrite](#)

This event is proudly supported by:

Primary Health Tasmania and Devonport City Council

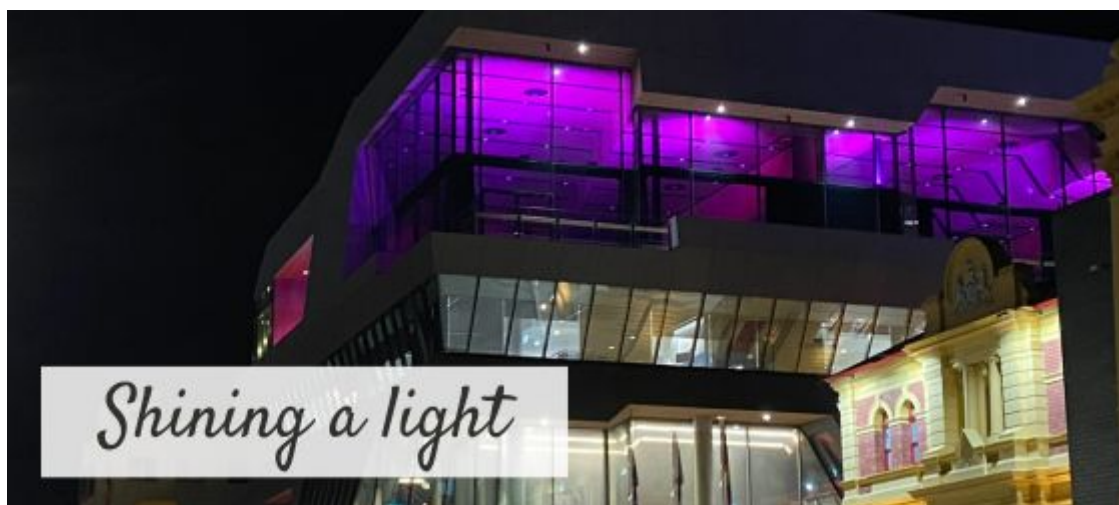
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Expo of Everything - Accepting EOI's

Be part of Devonport's celebration of lifelong learning. The Expo of Everything is your chance to showcase what your group or organisation does, and why you love to do it! It's also a chance boost your membership.

Expressions of Interest close 30 June.

For more info and to register your interest: www.devonport.tas.gov.au/expo-of-everything



paranple convention centre shining a light

When possible, the paranple convention centre will shine bright bold colours to show support and -raise awareness for causes affecting families in our community.

World Haemochromatosis Week

The first week of June each year buildings across the world shine Red to create a worldwide, coordinated haemochromatosis awareness campaign. The key messages of the campaign:

- Haemochromatosis is the most common genetic disorder in Australia
- If you are the 1 in 200 affected, it can cause serious health problems
- Ask your doctor to find out if you are storing too much iron

Learn more here: <https://haemochromatosis.org.au/>

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Some 6,000 people across Australia are living with scleroderma right now. This rare chronic connective tissue condition shortens life expectancy by more than 20 years and can be life-threatening. There's currently no cure for scleroderma.

21-30 June the paranapple convention centre will have a golden glow to raise awareness of scleroderma.

Learn more here: [Scleroderma Victoria](#)

June is Bowel Cancer Awareness Month

Bowel cancer is one of the most common cancers – and one of the leading causes of cancer-related deaths in Tasmania.

Bowel screening is the best way to prevent bowel cancer. The free National Bowel Cancer Screening Program kit can find bowel cancer early, before symptoms appear, when over 90% of cases can be successfully treated.

This June, don't put it off – when you get your kit in the mail, Poo.Poke.Post! It's just three little steps that could save your life.

Need more information about bowel screening? Go to

<https://www.health.tas.gov.au/.../cancer.../bowel-screening>



Support from Asthma Australia

The cold seasons bring common asthma triggers like cold air, common viruses including flu, coronavirus infections, unhealthy heaters and smoke from woodfired heating.

If you're struggling to breathe well through the colder months you can access free support from Asthma Australia and can book a free call with an Asthma Educator. Visit www.asthma.org.au to book a call for a time that suits you, or call them on 1800 278 462.

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Tasmania's Multicultural Action Plan - Have your say!

The Tasmanian Government, in collaboration with The Multicultural Council of Tasmania (MCOT), the Migrant Resource Centre Tasmania (MRC Tas), and MRC North invites you and your community to have your say on a new Multicultural Tasmania Action Plan.

This survey is the first step in a consultation project that aims to seek community feedback on issues important to you and propose solutions to create a truly Multicultural Island - one that ensures Tasmanians of all cultures have an equal opportunity to belong, contribute, achieve, and succeed.

Here is the link to the survey [Tasmania's Multicultural Action Plan - Have your say! Survey \(surveymonkey.com\)](https://www.surveymonkey.com/s/tasmania-multicultural-action-plan).



Cradle Coast NRM Community Capacity Small Grants Round 3

Cradle Coast Authority NRM are accepting grant applications from Landcare, Coastcare, Aboriginal and Friends of groups participating in NRM activities in the Cradle Coast region.

The grants aim to help support our local community groups to continue their valuable natural resource management work on the ground and through community engagement and education.

Small Grants up to \$1,500 (ex GST) per group.

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Applications close at midnight Sunday 2nd July 2023, and grant activity is to be completed by 10th June 2024.

Please visit the website for the grant guidelines and contact NRM Engagement Officer Hannah Sadler to chat through potential project ideas
hsadler@cradlecoast.com or 64338400.

Details here: [COMMUNITY NRM ENGAGEMENT PROGRAM - Choose Cradle Coast](#)



[Devonport Regional Gallery Exhibitions](#)

[Time to pick a star](#)

Xiyue (CiCi) Zhang

Little gallery Emerging Artist

6 May - 10 June 2023

[Something Old, Something New](#)

Devonport Regional Gallery 50 Years of Collecting

Main Gallery, Ground Level

13 May - 17 June

Create & Make Miniature Floats Exhibition

Works from Create & Make Workshop Participants

paranaple arts centre Foyer Space, Ground Level

15 May - 10 June

Atmospheres, Ecologies and Attunement

Contemporary Landscape Practice from the Devonport Regional Gallery Permanent Collection

Curated by Guest Curator, Dr Troy Ruffels

Upper gallery, Level 2

27 May 2023 - 29 June 2023

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- 4 November 2023 - 9 December: Rodney Gardener
- 16 December 2023 – 20 January 2024: Joseph Collings-Hall



Council Meetings

Council meetings are held on the fourth Monday of each month, in our Council Chambers in the Aberdeen Room, level 2, paranaple centre, 137 Rooke Street Devonport, starting at 5.30pm. Meetings will continue to be livestreamed on [Council's YouTube channel](#) for those who are unable to attend the meeting, and a link will be available the following day on Council's website: www.devonport.tas.gov.au/council/council-meetings/

- Monday, 26 June 2023 | 5:30pm
- Monday, 24 July 2023 | 5:30pm
- Monday, 28 August 2023 | 5:30pm
- Monday, 25 September 2023 | 5:30pm
- Monday, 23 October 2023 | 5:30pm
- Monday, 27 November 2023 | 5:30pm
- Monday, 18 December 2023 | 5:30pm

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